

280MG
OF MAGNESIUM

VITAMIN
B6



BEFORE DURING AFTER
FREE TIME

Magnesium Liquid + Vitamin B6

MAGNESIUM LIQUID + VITAMIN B6 contains 280 mg Magnesium and Vitamin B6. It is particularly suitable after workout and in the recovery phase. Magnesium is an essential mineral, absolutely important for our body as it combats tiredness and fatigue and helps muscles work better, while contributing to protein synthesis and to the functioning of the nervous system. Vitamin B6 protects cells from oxidative stress and contributes to the normal functioning of immune system during and after an intense physical effort.



- > 280 mg Magnesium per shot
- > Reduces fatigue
- > Promotes the muscle functions
- > Increases protein synthesis
- > With Vitamin B6

Ingredients: Water, Fructose, Magnesium lactate, Magnesium citrate, Orange juice concentrate (3%), Acid: citric acid; Flavouring, Preservative (potassium sorbate), Sweetener (sucralose), Vitamin B6 (pyridoxine hydrochloride).

Directions for use: Consume 25ml (one ampoule) per day, pure or diluted with water.

Format: (25ml X 20 )

FAST ABSORPTION

GLUTEN FREE

HIGH CONCENTRATION

WITH VITAMIN B6

LACTOSE FREE

WITH MAGNESIUM

Nutrition Information

	per 12.5 ml	% NRV*	per 25 ml	% NRV*
Energy	43.5 kJ/ 10 kcal	--	87 kJ/ 20 kcal	--
Fat	0 g	--	0 g	--
of which saturates	0 g	--	0 g	--
Carbohydrate	2 g	--	4 g	--
of which sugars	2 g	--	4 g	--
Protein	0 g	--	0 g	--
Salt	< 0.01 g	--	< 0.01 g	--
Vitamin B6	0.7 mg	50	1.4 mg	100
Magnesium	140 mg	37	280 mg	74

* NRV. Nutrient Reference Values per day (adults) pursuant to EU Reg. no. 1169/2011.

25ml Ampoule



8 054956 342136